



# ACT OF CONSECRATION TO THE SACRED HEART OF JESUS

Saint Margaret Mary Alacoque

*St. Margaret Mary Alacoque (1647-1690) was a French Visitation nun. Jesus appeared to her and instructed her to spread devotion to His Sacred Heart and asked that a feast day in Its honor be established in the Church. (The Solemnity of the Sacred Heart is celebrated on the third Friday after Pentecost.) The feast day of St. Margaret Mary is October 16.*

I give myself and consecrate to the Sacred Heart of our Lord Jesus Christ my person and my life, my actions, pains, and sufferings, so that I may be unwilling to make use of any part of my being other than to honor, love, and glorify the Sacred Heart. This is my unchanging purpose; namely, to be all His, and to do all things for the love of Him, at the same time renouncing with all my heart whatever is displeasing to Him. I therefore take You, O Sacred Heart, to be the only object of my love, the guardian of my life, my assurance of salvation, the remedy of my weakness and inconstancy, the atonement for all the faults of my life and my sure refuge at the hour of death.

Be then, O Heart of goodness, my justification before God the Father, and turn away from me the strokes of His righteous anger. O Heart of love, I put all my confidence in You, for I fear everything from my own wickedness and frailty, but I hope for all things from Your goodness and bounty.

Remove from me all that can displease You or resist Your holy will; let Your pure love imprint Your image so deeply upon my heart that I shall never be able to forget You or to be separated from You.

May I obtain from all Your loving kindness the grace of having my name written in Your Heart, for in You I desire to place all my happiness and glory, living and dying in bondage to You. Amen.