

APOSTOLIC PLAN

Mission Statement

To make a friend, be a friend, and bring our friends to Christ.

Vision Statement

To enable the person to be fully Christian who, in turn, transforms their environments to be more Christian as a living tripod of piety, study and action.

Precursillo

Purpose

Precursillo is the first phase in the Cursillo Movement. It is the living out of our apostolic mission to witness to others what one has come to discover: The Good News of God's Love. It is directed to those (sponsors) who invite others (candidates) to live the experience of the Cursillo. This begins with a true friendship between sponsor and candidate and includes a process of selection and preparation for an encounter with Christ. Precursillo depends primarily on God's plan and the freedom of each child of God, but the work of the sponsor is of crucial importance. The sponsor must provide a living and authentic witness because one can only infect others with a faith that is lived. Precursillo is focused therefore primarily on preparing the sponsor through piety and study, and supporting the candidate in their transition to Cursillo and Postcursillo.

Recommendations:

1. Present opportunities for study for Cursillo leaders on all aspects of Precursillo in order to unify the Cursillo Movement community through education, using such vehicles as workshops, School of Leaders' technique talks and newsletter articles.
2. Offer Sponsor's and Parish Reps workshops on an on-going basis.
3. Communicate the dignity and apostolic nature of the sponsor's role which includes:
 - a. Spending a significant amount of time developing a friendship with the Candidate
 - b. Inviting the candidate to Ultreya or the small group if desired so as to explain to the candidate what will be some of the responsibilities during the fourth day and to avoid any "surprises"
 - c. Invite the candidate to pray with him (her) to begin to strengthen the spiritual walk with Christ
 - d. Ascertain that the candidate has received the Sacraments of Initiation (Baptism, Confirmation and Holy Eucharist) and has a valid Catholic marriage if married.

4. Work with the Secretary of the Secretariat to maintain an adequate supply of current literature helpful to sponsors and candidates.
5. Review each application that is properly filled out and submitted in a timely manner in order to ensure selection and preparation of candidates who will live a Cursillo within the diocese throughout their 4th day. Precursillo will provide the necessary support according to the candidate's particular circumstance.
6. Ensure a smooth transition from Precursillo to Postcursillo (by way of the Cursillo) ensure that the Postcursillo chair obtains the applications of the candidates to support their 4th day growth, education and to connect them to the 4th day community
7. Maintain Parish Rep records and recruit parish representatives
8. Assist the members of the Secretariat with the planning of an annual Cursillo retreat for the Cursillo community

Assigned to: Precursillo Chairperson and Committee

Due date: Ongoing.

Cursillo Weekend

Purpose:

The Cursillo Weekend, is the second phase of Cursillo and is above all, the living and sharing of what is fundamental to being Christian through fellowship that is caring, authentic and apostolic. The Cursillo Weekend provides us with the opportunity to hear, see and experience the Good News of God's love as it is witnessed by team and experienced by the candidates as they encounter Christ, through the sacraments, quiet reflection, prayer, talks which follow a precise method, personal witness by team and spiritual directors, as well as a deeper understanding of the profound role of laity in the Church, all propelled by the prayers and sacrifices of the faithful (palanca) all over the world. The Cursillo is the discovery of the proposal, "come and see", which the sponsor made to the candidate. It is the experience of a lived reality of the triple encounter with oneself, with Christ, with our brothers and sisters, through our Christian Community empowered by the challenge to share Christ's love with everyone we encounter. Cursillo calls us to answer constantly, the invitation to make a friend, be a friend, bring your friend to Christ, and to share Christ with everyone we encounter. Through Precursillo we form sponsors who are formed to properly prepare candidates for the weekend. The Cursillo Weekend leads us to the most important phase, Postcursillo, where Cursillistas are invited and encouraged to continue to live the experience of the weekend through Group Reunion and Ultreya constantly growing in study, piety and action.

Recommendations:

Objectives:

1. Create Teams from those Cursillistas who are actively engaged in their Study, Piety and Action, are actively participating in Group Reunion and/or Ultreya and attending School of Leaders to enrich their knowledge and understanding of our Movement, to serve as team and meet the needs of the candidates making their 3-day weekend.
 - a. 3-Day Committee shall make available list of those leaders eligible to be Rector/Rectora and experienced Co and inexperienced Co based on criteria above and past weekends.
 - b. Reaching a large pool of leaders to choose from will be an ongoing effort, which will take time to come to full fruition but can be accomplished in the following ways:
 - i. Phase One: Rector/Rectors should meet the above criteria and have served as a Co-Rector/Rectora twice. Experienced Co or inexperienced Co should begin attending school of leaders during formation, team should be encouraged to attend.
 - ii. Phase Two: Rector/Rectora and Co's should meet above criteria. Team should be invited/encouraged to attend school of leaders.
 - iii. Phase Three: Rector/Rectora, Co's, team should meet criteria above and all should be attending school of leaders on a regular basis.
2. Team Formation should begin 4-6 months prior to weekend, allowing for 4 weeks for Core Team to meet and prepare the team formation agendas.
3. 3-Day Team to provide Rector/Rectora with a list to choose Co's from, and a list of leaders eligible to Co and leaders eligible to be on team, approved by School of Leaders.
4. Team Formation should prepare the team to be the living witnesses of what is fundamental for being Christian, in fellowship that is authentic, caring and apostolic. This is done in the following ways:
 - a. Rector/Rectora to schedule regular weekly meetings, for core formation and for entire team formation. Rector/Rectora to check with 3-Day chair to be aware of any activities that may disrupt scheduling meetings (i.e. Orientation, Holiday, Holy Day, etc.).
 - b. Core Teams to use Three Day Manual as a resource and meet with 3-Day chair at beginning of Formation to go over the Manual, explaining/following the Cursillo Method, forming the team and the weekend.
 - c. Team Meetings should include prayer/scripture, meditation/reflection and time to share (Ultreya), forming team in the Cursillo Method, learning about the weekend.
 - d. Rector/Rectora should be ever mindful that they are training a new Rector/Rectora during their formation.
 - e. Follow the Cursillo Manual in breaking open the weekend for the team.
 - f. Maintain 3-day schedule as outlined in Manual, or as otherwise instructed by Spiritual Directors.
 - g. Rector/Rectora to include/invite team spiritual directors to team meetings and to Day of Recollection.
5. Palanca is the prayers, sacrifices and hours of Adoration before the Blessed Sacrament, and is the great leveler for the Cursillo Movement.

- a. General Palanca is the prayers, fasting, sacrifices, and Adoration before the Blessed Sacrament for the Cursillo Movement in general. They are not offered for a specific person.
 - b. Personal Palanca is the prayers, fasting, sacrifices, and Adoration before the Blessed Sacrament for the Cursillo Movement, for a specific person (candidate or team member).
6. Palanca for the weekend shall be provided by the team, 4-day community, family and friends of the candidates and team and should include the following:
 - a. Personal Palanca for the Weekend that includes prayer, fasting, sacrifices, adoration before the Blessed Sacrament, and can be given in the forms notes/cards of encouragement and other small items, which will be distributed throughout Saturday.
 - b. Adoration before the Blessed Sacrament by the 4th Day Community is to be done within home parishes over the course of the Weekend.
 - c. General Palanca collected by the 3-Day Palanca Coordinator and prepared for the weekend, ready to be blessed at mass Thursday evening.
 - d. Provide simple and quick ways (paper and electronic) for the Phoenix Movement to present their General Palanca to 3-Day Palanca Coordinator so he/she may update the National Cursillo Palanca Website as well as Palanca tallies for our Diocesan Movement.
7. Maintain the simplicity of the 3-Day Weekend in all ways, so as not to distract the candidates from the message of the three days. This includes the education of the team about table Palanca guidelines (in the Rollo and dining rooms), Saturday evening meal guidelines, distribution of wrapped gifts of Palanca from family, etc.
8. Work with Precursillo and Postcursillo Committees to help educate and support sponsors throughout the weekend and during the pre and post weekend stages so as to help the candidates/new Cursillistas enter into their 4th Day communities.
9. Work with and support Postcursillo to train and maintain educated, knowledgeable and active Parish Representatives to help promote the Cursillo Movement and sponsorship in each parish.
10. The number of Cursillos to be held each year will be determined at the discretion of the Bishop's Office, Spiritual Directors, School of Leaders and Members of the Secretariat.
11. Safe Environment Training: All team members are required to be current on their S.E.T. (renewal is due by July 1st of each year). Once the basic Called To Protect Class is taken, team members may easily renew their certification on line at: <http://safeenvironmenttraining.org> Then they click onto "My Obligation" and follow the prompts. If someone has not yet taken the Called To Protect Class, they will have to sit the 3-hour class in person at a parish offering the session. Info for dates and locations can also be found at this website.
 - a. One co-rector(a) (or a team member who does the training at their parish) should be in charge of collecting the S.E.T. certificates from the team and they need to be kept on hand throughout the weekend.
12. Food Handler's Card for Each Weekend: Volunteer groups are supposed to carry at least one food handler's license for any weekend they plan to cook at Mt. Claret. The course takes about 75 minutes on line to complete and the card costs \$8.00

- a. Head cooks to take this short class if no one on the kitchen team has a food handler's card. This website will provide good info and easy how to steps: <http://www.azfoodhandlers.com/eFoodMain.aspx?Site=azFoodhandlers>

Assigned to: 3-Day Chairperson and Committee

Due date: Ongoing.

Postcursillo:

Purpose:

The purpose of the Postcursillo is to renew, accelerate and continue the conversion of each individual, and as a consequence provide continuous transformation to illuminate others, especially those far away, in any one of the key environments in which they live. The Postcursillo is the third phase in the Cursillo Movement, and the KEY to making the encounter with Christ provoked in the Cursillo Weekend, a continuous and progressive reality.

Recommendations:

1. To facilitate a person's ongoing conversion and transformation in Christ through support and accompaniment to persevere in the 4th day.
 - a. Solicit input from the Cursillo community regarding educational, social, and spiritual events of interest.
2. To provide Cursillistas with frequent opportunities to fully live the tripod of piety, study, and actions through Ultreya and Group Reunion.
 - a. Emphasize the importance of authentic (i.e. correct technique) Group Reunion and Ultreya to all Cursillistas, parish reps, sponsors, and team members.
 - b. Plan, develop and implement Ultreyas valley-wide in collaboration with parish reps (i.e., assisting with facilities, marketing, formatting, witness and spiritual Director resources, scheduling, and materials).
 - c. Encourage and assist sponsors in actively accompanying their candidates as they begin their 4th day (i.e., praying for candidate, answering questions, attending Ultreya, joining a Group Reunion, etc.)
 - d. Develop a means to assist "ungrouped" Cursillistas in finding an appropriate Group Reunion placement.
3. To provide training and communication regarding Postcursillo to parish reps, sponsors, spiritual Directors and the Cursillo community using the current Leader's Manual published by the National Catholic Cursillo Movement of the United States, as well as other relevant sources.
 - a. Assist with maintaining up to date parish rep and spiritual Director contact information, and help identify and recruit new parish reps.

- b. Promote the use of the current version of the Leader's Manual and regular participation in School of Leaders and other Diocesan Cursillo events.
- c. Provide ongoing and as needed training to parish reps and others regarding all aspects of Postcursillo.
- d. Provide regular communication to parish reps regarding updates, resources, and training.

Assigned to: Postcursillo chairperson and Committee

Due date: Ongoing.

School of Leaders

Purpose:

The School of Leaders develops the role of serving Cursillos, in close connection and common vision with the Secretariat, to simplify, facilitate and enable the sharing of what is fundamental to being Christian at any point in all the environments in which we live and are engaged in.

Objectives:

1. To be a model for living what is fundamental for being a Christian.
2. To enable Cursillistas to share God's love through the best means possible; friendship.
3. To study, understand and live the Cursillo method, striving to be better, moving from where we are to where God wants us to be.
4. To create an atmosphere of one mentality, encouraging commitment to God's call to service through a vocation and primary apostolate in the Cursillo Movement.

Recommendations:

1. Follow the recommended format that includes;
 - a. Technique Education that originates from *The Leader's Manual* and *The Cursillo Movement*, and the *Study of the Charism*.
 - b. Doctrinal Education that originates from Church writing such as *Whom Shall I Send*.
2. Promotion of SOL attendance through;
 - a. Offering a variety of meeting times and places
 - b. Verbal invitation of past attendees, past leaders by current attendees and Secretariat
 - c. Contact with teams in formation.
 - d. Education using the VOICE and website.
 - e. Sending meeting reminders.
3. Frequent solicitation for involvement by Ordained Religious in the Doctrinal portion of the meeting.
4. Mentor a team of replacements.

Assigned to: School of Leaders Chairperson and Committee

Due date: Ongoing.

Secretariat:

Purpose:

The Purpose of the Secretariat is to simplify, facilitate and make possible the living of everything that is fundamentally Christian and to be the guardians of the purity of the method. The members of the Secretariat are the servants of the servants; their role is to be one of simple service to the Movement.

Recommendations:

1. Coordinate efforts to unify the Cursillo community (English, Spanish, and Flagstaff) through ongoing dialogue.
2. Keep abreast of National and Regional news and Encounters
3. Communicate needs, issues with the local Bishop
4. Coordinate and evaluate Cursillo events with Mt Claret or the facility being used by the Cursillo
5. Work with Diocesan Spiritual Director on future goals, needs
6. Continue to evaluate accommodations and number of Cursillo weekends
7. Maintaining and updating Articles of Operation
8. Make sure that agreements and procedures with Mt. Claret or the facility being used by Cursillo are being followed, and keeping an open dialogue with the proprietor on any matters concerning the use of the facility.

Assigned to: Lay Director

Due date: Ongoing.

Communication Committee:

Purpose:

The purpose of the Communication Committee is to maintain communication between the Secretariat/School of Leaders and all Cursillistas.

Recommendations:

1. Outreach through a variety of media, including;
 - a. Periodic newsletters

- b. Website
 - c. Email
 - d. Outreach to Cursillistas who do not have access to internet
2. Calendar: Maintain and update Calendar to include;
 - a. Cursillo Weekends
 - b. Ultreyas
 - c. School of Leaders
 - d. Other Cursillo events such as meetings, fundraisers, workshops
3. Membership Records
 - a. Maintain and update membership records
 - b. Reports/access to other committees as needed (Precursillo, Three-Day, Postcursillo)
 - c. Periodically execute a census

Assigned to: Secretary of the Secretariat

Due date: Ongoing.

Finance Committee:

Purpose:

The Finance Committee insures that the Movement is financially solvent at all times and is able to execute the plans of Precursillo, Cursillo, Postcursillo and School of Leaders.

Recommendations:

1. Evaluate and document current financial obligations. Determine needs and potential avenues for additional fundraising.
2. Report monthly financial results to School of Leaders.
3. Determine need of monthly tithing and develop plan to solicit monthly donations.
4. Review Stipend policies, giving consideration to:
 - a. Expenses of the 3-day Cursillo
 - b. Expenses of maintaining the lease agreement with Mt. Claret any other facility used by Cursillo
 - c. Food costs for the 3-day Cursillo
5. Develop annual budget and report against it each month.
6. Complete and file annual tax filing promptly.
7. Complete and file annual Corporation Commission reports.

Assigned to: Finance Chairperson and Committee of the Secretariat

Due date: Ongoing.